Recommended Questions to Ascertain Patient Military/Deployment History

1. Are you (or an immediate member of your family) a current or past member of the U.S. Armed Forces? This includes Army, Navy, Air Force, National Guard, Reserve, and Coast Guard.

   If patient identifies him/herself as such:
   2. If so, how do you prefer to be addressed, and do you prefer that I use military rank? (Note title/rank in record and be sure to use for all visits, if specified.)
   3. Have you ever been deployed, and if so, how did it affect you?

   If patient identifies a member of the family as such:
   4. Has your {family member} ever been deployed? How did it affect him/her?

Resources for Clinical Information

Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE): The DCoE Outreach Center features trained, professional health resource consultants with expertise in psychological health and traumatic brain injury. It is available 24/7 and refers callers to services and information with the Department of Defense, other federal agencies, and civilian organizations.
- Phone: 1-866-966-1020 or
- E-mail: resources@dcoeoutreach.org
- Live chat: dcoe.health.mil/24-7help.aspx

Cigna: This webpage gives a high level overview of the dynamics involved in the transition for service members returning home, as well as the psychosocial tasks of reintegration.
apps.cignabehavioral.com/web/basicsite/bulletinBoard/helpingReturningMilitary.jsp

Deployment Health Clinical Center (DHCC): DHCC has a variety of post-deployment health-related resources for clinicians.
- Clinician Resources: pdhealth.mil/clinicians/default.asp
- Clinical Algorithm: pdhealth.mil/guidelines/algorithim1.asp
- Provider Helpline: (866) 559-1627 or pdhealth@amedd.army.mil

Military Health System: This resource offers civilian provider training on posttraumatic stress disorder and traumatic brain injury with a focus on the military aspects of these issues.
health.mil/Education_And_Training/Civilian_Provider_Education.aspx

Substance Abuse & Mental Health Services Administration (SAMHSA): SAMHSA’s newsletter features articles on providing tactful care to military members and their families.