

Recommended Questions to Ascertain Patient Military/Deployment History

1. Are you (or an immediate member of your family) a current or past member of the U.S. Armed Forces? This includes Army, Navy, Air Force, National Guard, Reserve, and Coast Guard.

If patient identifies him/herself as such:

2. If so, how do you prefer to be addressed, and do you prefer that I use military rank? (Note title/rank in record and be sure to use for all visits, if specified.)
3. Have you ever been deployed, and if so, how did it affect you?

If patient identifies a member of the family as such:

4. Has your {family member} ever been deployed? How did it affect him/her?

Resources for Clinical Information

Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE):

The DCoE Outreach Center features trained, professional health resource consultants with expertise in psychological health and traumatic brain injury. It is available 24/7 and refers callers to services and information with the Department of Defense, other federal agencies, and civilian organizations.

- **Phone:** 1-866-966-1020 or
- **E-mail:** resources@dcoeoutreach.org
- **Live chat:** dcoe.health.mil/24-7help.aspx

Cigna: This webpage gives a high level overview of the dynamics involved in the transition for service members returning home, as well as the psychosocial tasks of reintegration.

apps.cignabehavioral.com/web/basic/site/bulletinBoard/helpingReturningMilitary.jsp

Deployment Health Clinical Center (DHCC): DHCC has a variety of post-deployment health-related resources for clinicians.

- Clinician Resources: pdhealth.mil/clinicians/default.asp
- Clinical Algorithm: pdhealth.mil/guidelines/algorithm1.asp
- Provider Helpline: (866) 559-1627 or pdhealth@amedd.army.mil

Military Health System: This resource offers civilian provider training on posttraumatic stress disorder and traumatic brain injury with a focus on the military aspects of these issues.

health.mil/Education_And_Training/Civilian_Provider_Education.aspx

Substance Abuse & Mental Health Services Administration (SAMHSA): SAMHSA's newsletter features articles on providing tactful care to military members and their families.

samhsa.gov/samhsanewsletter/Volume_19_Number_3/fall-2011-volume-19-number-3.pdf